

A 2020 View of the Geriatric Nurse of the Future

Moderator:

Heather M. Young, PhD, GNP, FAAN

Panel Members:

Courtney H. Lyder, ND, RN, FAAN

Janet Mentes, PhD, APRN, BC

Audrey Nelson, PhD, RN, FAAN

Barbara Safriet, JD



"You are probably going downhill, but it's a nice, slow ride."

Nurse Geri A. Trick

- What should she be focusing on?
- What preparation does she need to do this?
- What is in her “black bag”?
- How will she use technology to promote and maintain health?
- What should the system that sent Nurse Trick out look like?
- What knowledge do we need to generate now to help your friend in the future?

Trends and the Future

- More educated, having had higher incomes
- Yet >10% of elders live in poverty, with income disparities for women, people of color, and rural dwellers
- More older adults who never had children
- “Browning of the Graying” of America – increases by 2030:
 - 328% -- Hispanic elders
 - 285% -- Asian and Pacific Islander elders
 - 147% -- American Indian and Aleut elders
 - 131% -- African American elders
 - 81% -- Caucasian elders

Dependency ratio

- 9.1 older adults per 100 workers in 1930, increased to 20.5 in 2000, projected to be 35.7 in 2030
- It “depends” on the criteria:
 - Dependent older adult (>65 yrs old)
 - Productive member of society (20-64 yrs)

Future health

- Improved longevity
- Decreased disability
- Increased awareness of importance of health promotion and chronic disease management
- High levels of sedentary behavior, obesity, chronic conditions

Issues for Baby Boomers

- Economic security – Social Security (??), pensions and savings
- Health insurance and access
- Consumers – demands and marketing
- Desire for options and quality
- Technology
- Work and retirement
- Mental health
- Advances in “aging solutions”

Our panel

Courtney H. Lyder, ND, RN, FAAN

Janet Mentes, PhD, APRN, BC

Audrey Nelson, PhD, RN, FAAN

Barbara Safriet, JD